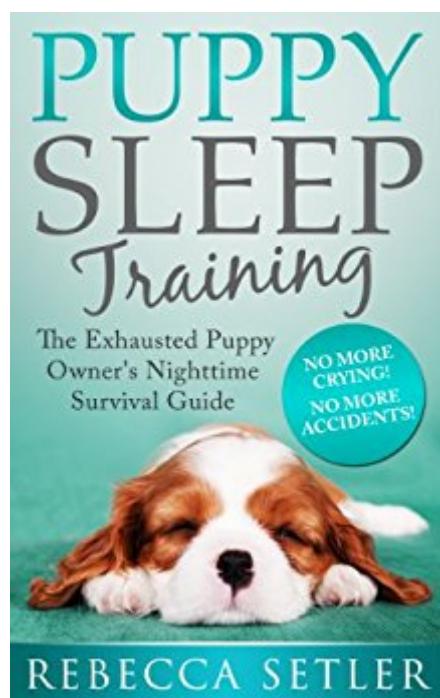


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# Puppy Sleep Training - The Exhausted Puppy Owner's Nighttime Survival Guide



## **Synopsis**

Is your puppy making nighttime a nightmare? Professional dog trainer and housebreaking expert Rebecca Setler, best known for her free housebreaking website, The Housebreaking Bible, can help you turn that nightmare into sweet dreams! One of the most common problems experienced by new puppy owners is a puppy that just won't sleep at night, yet there are very few resources to teach you how to handle a nocturnal puppy who wants to scream, cry and have potty accidents instead of sleeping. *Puppy Sleep Training - The Exhausted Puppy Owner's Nighttime Survival Guide* is the first book dedicated to teaching you everything you need to know to help your puppy learn to sleep peacefully through the night. A must-have for anyone who has a puppy or is considering getting one... and it works for newly-acquired adult dogs who are having problems adjusting to a new sleep schedule, too! Get the answers to your overnight puppy training questions, including: How much do puppies sleep? What should I expect from my new puppy on his first night home? How can I teach my puppy to stop crying, barking, howling or whining in the crate overnight? Where should my puppy sleep? Is it okay for my puppy to sleep in the bed with me? What should I do about overnight scheduling for my puppy? How often does a puppy need to go out for a potty trip at night? What can I do to prevent my puppy from having pee or poop accidents overnight? My puppy won't sleep at night, but sleeps a lot during the day... what am I doing wrong? How should I prepare my puppy for bedtime? What are the rules for housebreaking and crate training my puppy at night? Does my puppy need to have access to food and water overnight? How long does it take for a puppy to be able to sleep through the night? What can I do RIGHT NOW to quiet my crying puppy so I can get some sleep tonight?... and more!

## **Book Information**

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## Customer Reviews

We crate trained a puppy 13 years ago and did everything wrong. We are determined to get it right this time around with our new 9-week-old Boston Terrier and after a week of yelping & crying ALL NIGHT LONG (by the puppy, my husband AND myself!) I was desperate. My four human babies, including a set of twins, were easier to sleep train! I am so glad I found this book and have now had three successful nights using the "light-sleeper" method. The puppy has completely slept through the night without even needing to go potty! My husband has been out of town for five days and is going to be shocked at the difference in our little Gidget's sleeping habits when he gets home!!The only reason I didn't give this book five stars is because I wish it had included some additional non-sleep related crate training tips. However, It is an easy 30-45 minute read and has really good ideas to try for your little sleep monster. Good luck!!

I transitioned my puppy from paper training to crate training, so I bought this book to help ease the process. Luckily for me it went pretty fast, since my pup was able to sleep through the night already. I did get up in the middle of the night when he started spending the night in his crate to make sure he didn't have any accidents, but I was able to move the intervals of time up quite quickly. This book is a great resource!

If I could give this more then 5 stars I would! Clear and concise advice. I have been struggling for a month to get my pup to sleep through the night. I read this cover to cover in less then hour, implemented one of the methods and also learned what I was doing wrong. I now have my pup on a set schedule so everyone is happy!! Highly recommend!

Thank you for this book. As a first time puppy owner who wasn't prepared, it really got us on track right away and in just one day, we were on a schedule that worked! I recommend this light read to anyone who needs help right away and doesn't have much time to prepare.

This is one of the most helpful and efficient dog-training guides I've found so far. And it works! I used the "alarm clock" method to potty train my 2-month-old pup and by 4-months we were all sleeping peacefully through the night.

We are using the light sleeper method and after 1 week she is only waking up once during the night. Being at bed height in her crate made all the difference. Great quick read with easy to follow guidance.

okay, nothing i didn't already know

Short, easy read! Great advice for anyone with a brand new puppy! We were sleeping through the night in no time!

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